J. Mark VanNess, Ph.D.

September 2024

Work Address

Department of Health and Exercise Sciences University of the Pacific 3601 Pacific Avenue Stockton, CA 95211-0197 209-946-2717 mvanness@pacific.edu

EDUCATION

Post-Doctoral Training: Depts. of Pharmacology and Physiology, Univ. Texas Health Science Center. August 1997-August 1999. Gender differences in sodium-dependent hypertension.

Ph.D. 1997 Florida State University. Dissertation Title: Role of the Paraventricular Hypothalamic Nuclei and Neuropeptide Y in the Antihypertensive Effect of Food Restriction in Aortic Coarctation Hypertension.

M.S. 1993 California State University Sacramento. Thesis Title: Lactate and Metabolic Responses to Controlled Frequency Breathing During Graded Tethered Swimming.

B.S. 1990 Wheaton College, Wheaton, IL. Major: Exercise Physiology Minors: Biology/Chemistry.

PROFESSIONAL EXPERIENCE

<u>Department Chair</u>, Health and Exercise Science; August, 2017-present

<u>Graduate Program Director</u>, Health and Exercise Science, August, 2017-December, 2019

<u>Distinguished Professor</u> October, 2018-present. College of the Pacific, University of the Pacific.

<u>Professor</u> August 2014-present: Dept of Health and Exercise Science, University of the Pacific.

<u>Associate Professor</u> September 2006-2014: Dept. of Health, Exercise and Sport Sciences.

<u>Assistant Professor</u> August, 1999-August 2005: Dept. of Sport Sciences, University of the Pacific, Stockton, CA.

Adjunct Instructorships

January, 2008-2016: College of Engineering, University of the Pacific, Stockton, CA August, 2000-May, 2011: Division of Math and Science, San Joaquin Delta College, Stockton January, 2002-May 2008: Dept. of Pharmacy, University of the Pacific, Stockton, CA. January-May, 2001, August-December, 2017: Dept. of Physical Therapy, University of the Pacific.

Consultantships

December, 2022-Present: Workwell Health (WWHealth), Stockton, CA August, 2000-Present: The Workwell Foundation, Inc. Ripon, CA. December, 1999-January, 2004: Davis Consultants Inc., Davis, CA.

Research Associate February, 1999-August, 1999: Dept. of Pharmacology, Univ. Texas Health Science Center at San Antonio, TX.

<u>Post-Doctoral Fellow</u> August, 1997-January, 1999: Dept. of Physiology, Univ. Texas Health Science Center at San Antonio, TX.

Research Fellow August, 1995-August, 1997: American Heart Association FL Affiliate, Florida State University, Tallahassee, FL.

AWARDS and HONORS

Faye and Alex Spanos Distinguished Professor Teaching Award – 2018 News Digest International. Who's Who in Academia – 2016 Marquis Who's Who – 2007, 2008, 2009. 2010, 2011, 2013 UOP Panhellenic and Interfraternity Councils Recognition, 2003 and 2004 Who's Who of America's Teachers, 2003, 2004, 2006 Greek Council Outstanding Professor Award, 2002, 2006

Kappa Alpha Omega Professor of the Year, 2001

Eberhardt Summer Research Grant, 2000

Barbara Bowman Postdoctoral Fellowship Award, 1998

National Research Service Award, 1998 (priority score: 148)

Graduate Student Research Fellow, American Heart Assoc. 1995-96,1996-97

College of Human Sciences Dissertation Research Award, 1997

F.S.U. University Research Award Fellowship, 1996

Member, Kappa Omicron Nu Honor Society, 1996 and 1997

Undergraduate Merit Travel Scholarship, 1989

Outstanding Young Men of America, 1988

AAHPERD Outstanding Student of the Year, 1988

Outstanding College Students of America, 1988

COURSES TAUGHT At Pacific

- 1. HLTH 41 Heart Exercise and Nutrition
- 2. HLTH 45 Nutrition for Health
- 3. BENG 53 Biology I for Engineers
- 4. BENG 63 Biology II for Engineers
- 5. HLTH 61 Medical Terminology
- 6. HLTH 135 Nutrition and Metabolism
- 7. PACS II Pacific Seminar
- 8. HLTH 129 Exercise Physiology
- 9. HLTH 146 Health, Disease and Pharmacology
- 10. HLTH 147 Muscle Physiology
- 11. HLTH 177 Cardiovascular Physiology
- 12. HLTH 193 Special Topics: Cardiovascular Dynamics
- 13. HLTH 193 Special Topics: Medical Physiology
- 14. HLTH 193 Special Topics: Neuroanatomy
- 15. HLTH 193 Special Topics: Stress Physiology
- 16. HLTH 247 Advanced Exercise Physiology
- 17. HLTH 235 Nutrition and Exercise Metabolism
- 18. HLTH 293 Special Topics: Medical Physiology
- 19. PTHR 310 Exercise Physiology in Physical Therapy

CURRICULUM DEVELOPMENT:

- 1999 General education nutrition course (non-laboratory science course) HLTH 45
- 2001 Health, Disease and Pharmacology HLTH 146
- 2002 Applied and Clinical Physiology HLTH 248
- 2003 Neuroscience for Health Professions HLTH 193
- 2006 Cardiovascular Physiology HLTH 177, a second semester exercise phys course
- 2008 Medical Physiology HLTH 193/293
- 2008 General Biology I with Applications for Engineers BENG 53
- 2009 General Biology II for Engineers BENG 63
- 2010 Establishment of a new exercise science program at Pacific
- 2011 Exercise physiology course for freshman HLTH 129
- 2011 Departmental exercise science curriculum considered for a new BS program
- 2013 Graduate course in nutrition and exercise metabolism HLTH 235
- 2014 New BS program in Health and Exercise Science implemented Fall semester
- 2014 Exercise biochemistry course HLTH 135
- 2017 Stress Physiology course in collaboration with Dr. Jensen HLTH 193
- 2021 Public Health and Community Wellness HLTH 80
- 2021 Research in Health and Exercise Science HLTH 178

PUBLICATIONS

Manuscripts: Students names in bold

Leonard A. Jason, Todd E. Davenport, Carmen Scheibenbogen, Mark A. Zinn, Mary Dimmock, Janet Stone, Karl J. Tronstad, Øystein Fluge, Jonas Bergquist, Staci R. Stevens, David Tuller, Uta Behrends, J. Mark Van Ness, Mark A. Vink, Luis Nacul (2024) Myalgic Encephalomyelitis/Chronic Fatigue Syndrome: Altered Effort and Deconditioning are Not Valid Explanations. In response to: Walitt, B. et al. Deep phenotyping of post-infectious myalgic encephalomyelitis/chronic fatigue syndrome. *Nature Com* 15:907 https://doi.org/10.1038/s41467-024-45107-3. In Review

Cunha, J. M. (2024). *Analyzing Sex Differences in Human Performance Through 3D Isotonic Resistance* (Master's thesis, University of the Pacific).

Davenport, T. E., Stevens, S. R., Stevens, J., Snell, C. R., & Van Ness, J. M. (2023). Development and measurement properties of the PEM/PESE activity questionnaire (PAQ). *Work*, 74 no 4, 1187-1197 OK.

Ciccolella, M. E., & Van Ness, J. M. (2023). On the Basis of Sex? Transfemales in Sport. *Journal of Exercise Physiology Online*, *26*(2).

King, A.C., West-Sell, S.A., VanNess, J.M., Oliver, T.J., and Jensen, C.D. (2023). Elevated BMI Impairs Balance among Older Adults with Vestibular Disorders. *Journal of Exercise Medicine*, 8 (1), 1-12.

Davenport, T. E., Chu, L., Stevens, S. R., Stevens, J., Snell, C. R., & Van Ness, J. M. (2023). Two symptoms can accurately identify post-exertional malaise in myalgic encephalomyelitis/chronic fatigue syndrome. *Work*, 1-15.

Ciccolella, M. E., Van Ness, J. M., & Jensen, C. D. (2022). Law and Science: Too Fat to Work? *Professionalization of Exercise Physiology*, 7(1), 9.

Acosta, M., Van Ness, J. M., & Ciccolella, M. E. (2022). The Standard of Care for Nutritional Advice. *Professionalization of Exercise Physiology*.

Davenport, T. E., Stevens, S., Stevens, J., Snell, C., & Van Ness, J. M. (2022). Lessons from Myalgic Encephalomyelitis/Chronic Fatigue Syndrome for Long COVID: Postexertional Symptom Exacerbation is an Abnormal Response to Exercise/Activity. *Journal of Sports Physical Therapy*. https://doi.org/10.2519/jospt.blog.20220202

Davenport, T. E., Stevens, S., Stevens, J., Snell, C., & Van Ness, J. M. (2022). Lessons from Myalgic Encephalomyelitis/Chronic Fatigue Syndrome for Long COVID Part 3: "Energy System First Aid" for People With Postexertional Symptom Exacerbation. *Journal of Sports Physical Therapy: JOSPT Blog.* https://www.jospt.org/do/10.2519/jospt.blog.20220216/full/

Davenport, T. E., Stevens, S., Stevens, J., Snell, C., & Van Ness, J. M. (2022). Lessons from Myalgic Encephalomyelitis/Chronic Fatigue Syndrome for Long COVID Part 4: Heart Rate Monitoring to Manage Postexertional Symptom Exacerbation. *Journal of Sports Physical Therapy: JOSPT Blog.* https://www.jospt.org/do/10.2519/jospt.blog.20220223/full/

- Davenport, T. E., Stevens, S., Stevens, J., Snell, C., & Van Ness, J. M. (2022). Lessons from Myalgic Encephalomyelitis/Chronic Fatigue Syndrome for Long COVID Part 2: Physiological Characteristics During Acute Exercise Are Abnormal in People With Postexertional Symptom Exacerbation. *Journal of Sports Physical Therapy: JOSPT Blog.* https://www.jospt.org/do/10.2519/jospt.blog.20220209/full/
- Todd, E. Davenport, Staci R. Stevens, Jared Stevens, Christopher R. Snell and J. Mark Van Ness. Lessons from Myalgic Encephalomyelitis/Chronic Fatigue Syndrome for Long COVID: Postexertional Symptom Exacerbation is an Abnormal Response to Exercise/Activity. JOSPT, February 2, 2022 https://doi.org/10.2519/jospt.blog.20220202
- Todd, E. Davenport, Staci R. Stevens, Jared Stevens, Christopher R. Snell and J. Mark Van Ness. We already know enough to avoid making the same mistakes again with Long COVID. JOSPT, March 10, 2021, https://doi.org/10.2519/jospt.blog.20210310
- M.E. Ciccolella, S. West-Sell and J.M. VanNess. Transgender Student-Athlete Rights. Professionalism in Exercise Physiology Online. 1099-5862; 24(2), March, 2021. https://www.asep.org/resources/pep-online/
- Todd E. Davenport, Staci R. Stevens, Jared Stevens, Christopher R. Snell and J. Mark Van Ness. Properties of measurements obtained during cardiopulmonary exercise testing in individuals with Myalgic Encephalomyelitis/Chronic Fatigue Syndrome. Work 66 (2020) 247–256 DOI:10.3233/WOR-203170.
- **Lariel J. Mateo**, Lily Chu, Staci Stevens, Jared Stevens, Christopher R. Snell, Todd Davenport and J. Mark VanNess. Post-exertional symptoms distinguish Myalgic Encephalomyelitis/Chronic Fatigue Syndrome subjects from healthy controls. Work 66 (2020) 265–275 DOI:10.3233/WOR-203168 IOS Press 265
- Todd E. Davenport, **Michael K. Ward**, Staci R. Stevens, Jared Stevens, Christopher R. Snell and J. Mark VanNess. Cardiopulmonary responses to exercise in an individual with Myalgic Encephalomyelitis/Chronic Fatigue Syndrome during long-term treatment with intravenous saline: A case study. Work 66 (2020) 353–359 DOI:10.3233/WOR-203214 IOS Press 353.
- West-Sell, S.A., VanNess, J.M., and Ciccolella, M.E. (2019). Law, policy, and physiology as determinants of fairness for transgender athletes. *Professionalization of Exercise Physiology*, 22 (2), 1-10.
- Davenport, T., **M. Lehnen**, S. Stevens, J. Stevens, J. Mark VanNess, C.R. Snell. Chronotropic Intolerance: An Overlooked Determinant of Symptoms and Activity Limitation in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome? Frontiers in Pediatrics, March, 2019. DOI: 10.3389/fped.2019.00082.
- **Larson, B**; Davenport, Todd; Stevens, Staci R; Stevens, Jared; Van Ness, J. Mark' Snell, Christopher. Reproducibility of Measurements Obtained During Cardiopulmonary Exercise Testing in Individuals With Fatiguing Health Conditions: A Case Series. Cardiopulmonary Physical Therapy Journal, June 24, 2019. Doi: 10.1097/CPT.000000000000100.
- M. Ciccolella and J. Mark VanNess. Legal Challenges to Expert Testimony of the Exercise Physiologist. Professionalization of Exercise Physiology 22(1), 2019. ISSN 1099-5862.
- Jerome Bouquet¹, Tony Li, Jennifer L. Gardy, Xiaoying Kang, Staci Stevens, **Jared Stevens**, J. Mark VanNess, Christopher Snell, James Potts, Ruth R. Miller, Muhammad Morshed, Mark McCabe, Shoshana Parker, Miguel Uyaguari, Patrick Tang, Ted Steiner, Wee-Shian Chan, Astrid-Marie De Souza, Andre Mattman, David M. Patrick, and Charles Y. Chiu. Whole blood human transcriptome and virome analysis of ME/CFS patients experiencing post-exertional malaise following cardiopulmonary exercise testing. PLoS ONE 14(3): e0212193. https://doi.org/10.1371/journal.pone.0212193

- Jensen CD, Ruiz JL, Leslie KL, Amaral MM, VanNess JM, Jacobson LE, Saxe JM. Statins Increase Likelihood and Frequency of Falls: Retrospective and Prospective Analyses of an Elderly Population. Journal of Aging and Physical Activity. In review.
- S. Stevens, C. Snell, J. Stevens, B. Keller and J.M. VanNess. Cardiopulmonary Exercise Test Methodology for Assessing Exertion Intolerance in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome. Frontiers In Pediatrics 6:242, 2018 DOI: 10.3389.fped.2018.00242
- Davenport, T., S. Stevens, J. Mark VanNess, C.R. Snell. Checking our Blind Spots: Current Status of Research Evidence Summaries in ME/CFS. British Journal of Sports Medicine, July 2018. DOI: 10.1136?bjsports-2018-099553
- Jensen CD, **Gleason D**, VanNess JM. (2018). A Four-Week Unstructured Break Improved Athletic Performance in Collegiate Rugby Players. Journal of Strength and Conditioning Research. DOI: 10.1519/JSC.0000000000002417.
- Ciccolella, M.E., C. Ludwig, J.M. VanNess, S. Sailor and C. Pond. Concussion Policy and Law: Primacy or Subservience for the Athletic Trainer? Athletic Training & Sports Health Care. 9(4); 2017.
- **J. Thomas**, J.M. VanNess, and B. Cardinal. Physical Fitness and Self-Image: An Evaluation of the Exercise Self-Schema Questionnaire Using Direct Measures of Physical Fitness. International Journal of Exercise Science. 2016 Oct 1;9(3):445-459. PMID: 27766132
- B. Larson, T.E. Davenport, S.R. Stevens, J. Stevens, J. M. VanNess and C.R. Snell. Diagnostic Implications of Cardiopulmonary Exercise Test Reproducibility in Women with Fatiguing Health Conditions: A Case Series. Submitted to Cardiopulmonary Physical Therapy Journal September, 2014.
- Snell, CR, S.R. Stevens, Davenport, T.E., VanNess, J.M. Discriminative Validity of Metabolic and Workload Measurements to Identify Individuals with Chronic Fatigue Syndrome. Physical Therapy, published online June 27, 2013. doi: 10.2522/ptj.20110368 PMID: 23813081.
- Ciccolella, M.E., B. Moore, J.M. VanNess, J. Wyant. Exertional Rhabdomyolysis and the Law. Exercise Physiology Online Exertional Rhabdomyolysis and the Law: A Brief Review: JEP online 17(1): 19-27, 2014.
- Davenport, T.E S.R. Stevens, **K. Baroni**, J. Mark VanNess, and Christopher R. Snell. Reliability and Validity of Short Form 36 Version 2 to Measure Health Perceptions In a Subgroup of Individuals With Fatigue. Disability and Rehabilitation; 33(25-26): 2596-604, 2011. PMID: 21682669
- Davenport, T.E S.R. Stevens, **K. Baroni**, J. Mark VanNess, and Christopher R. Snell. Diagnostic Accuracy of Symptoms Characterizing Chronic Fatigue Syndrome. Disability and Rehabilitation; 33(19-20): 1768-1775, 2011). PMID: 21208154
- West-Sell, S. J. Mark VanNess and M.E. Ciccolella. Law, Policy and Physiology as Determinants of Fairness for Transgender Athletes. Professionalism of Exercise Physiology 1099-5862; 22(2), June, 2010
- VanNess, J.M., C.R. Snell, L. Bateman, **T Stiles** and S.R. Stevens. Post-Exertional Malaise in Women with Chronic Fatigue Syndrome. J. of Women's Health, 19(2), 2010. doi: 10.1089/jwh.2009.1507 PMID: 20095909
- Davenport TE, Stevens SR, VanNess JM, Snell CR, Little T. Conceptual model for physical therapist management of chronic fatigue syndrome/myalgic encephalomyelitis. Phys Ther. (2010) 90:602–14. doi: 10.2522/ptj.20090047

Davenport, T.E S.R. Stevens, J. Mark VanNess, Christopher R. Snell and T. Little. A Conceptual Model for Evidence-Based Physical Therapist Management of Chronic Fatigue Syndrome/Myalgic Encephalomyelitis. Physical Therapy, 90(4), 602-614, 2010. PMID: 20185614

Ciccolella, EC, JM VanNess, and T Boone. A Public at Risk: Personal Fitness Trainers without a Standard of Care. Professionalism in Exercise Physiology, 11(7), 2008.

VanNess, J.M., C.R. Snell and S.R. Stevens. Diminished Cardiopulmonary Capacity During Post-Exertional Malaise in Chronic Fatigue Syndrome. Journal of Chronic Fatigue Syndrome, 14(2):77-86, 2007.

Ciccolella, M.E., C.R. Snell, S.R. Stevens and J.M. VanNess. Legal and Scientific Considerations of the Exercise Stress Test in Chronic Fatigue Syndrome. Journal of Chronic Fatigue Syndrome, 14(2):61-76, 2007.

Snell, C.R., J.M. VanNess, D.R. Strayer, and S.R. Stevens. Exercise and Immune Function in Male and Female Chronic Fatigue Syndrome Patients. *International Journal of In Vivo Research*, 19:387-390, 2005. PMID: 15796202.

West, S. **M. Drummond** and J.M. VanNess. Metabolic Responses To Controlled Frequency Breathing in Competitive Swimmers. *Journal of Strength and Conditioning Research*, 19(4), 772-776, 2005.

Snell, C.R., J. M. VanNess, S.R. Stevens. When Working Out Doesn't Work Out. *CFIDS Chronicle*; 17(3): 6-9, 2004.

VanNess, J.M., C.R. Snell, W.L. Dempsey, D.R. Strayer, and S.R. Stevens. Subclassifying Chronic Fatigue Syndrome Through Exercise Testing. *Medicine and Science in Sports and Exercise*, 35(6), 908-913, 2003. doi: 10.1249/01.MSS.0000069510.58763.E8

Snell, C.R., J.M. VanNess, D.R. Strayer, and S.R. Stevens. Physical Performance and Prediction of 2-5A Synthetase/RNaseL Antiviral Pathway Activity in Patients with Chronic Fatigue Syndrome. *International Journal of In Vivo Research*, 16(3), 2002.

VanNess, J.M. C.R. Snell, D. Strayer, D.M. Fredrickson, and S.R Stevens. Assessment of Functional Impairment by Cardiopulmonary Exercise Testing in Patients with Chronic Fatigue Syndrome. *Journal of Chronic Fatigue Syndrome* 8(3-4); 103-110, 2001.

Snell, C.R., J.M. VanNess, and S.R. Stevens. Chronic Fatigue Syndrome, Ampligen, and Quality of Life: A Phenomenological Perspective. *Journal of Chronic Fatigue Syndrome* 8(3-4); 117-121, 2001

VanNess, J.M., C.R. Snell, and S. Stevens. A Realistic Approach to Exercise in CFS Patients. *CFS Research Review*, Volume 1, issue 4, pgs. 3-8, 2000.

West-Sell, S. A., VanNess, J. M., & Piazza, D. (2000). Nutrition for Performance. https://scholarlycommons.pacific.edu/cop-facpres/1236

Stevens, S.R., and J.M. VanNess. Exercise testing for the diagnosis of CFS. *AACFS Physicians Newsletter*. Page 2; October, 2000.

VanNess, J.M., C. Hinojosa-Laborde, T. Craig and J.R. Haywood. The effect of sinoaortic denervation on renal wrap hypertension. *Hypertension*. 33:476-481, 1999.

VanNess, J.M. J. DiMaria, R.M. Casto and J.M. Overton. Increased NPY activity in the PVN contributes to food-restriction induced reductions in blood pressure in aortic coarctation hypertensive rats. *Brain Res.* 821:263-269, 1999.

VanNess, J.M., J.M. Overton. Food restriction attenuates the blood pressure response to paraventricular hypothalamic lesions in aortic coarctation hypertension. *Brain Res.* 792:237-245, 1998.

VanNess, J.M., R.M. Casto, and J.M. Overton. Antihypertensive effect of food restriction in aortic coarctation hypertension. *Journal of Hypertension*, 15:1253-1262, 1997.

VanNess, J.M., and J.M. Overton. Attenuated blood pressure responsiveness during post-exercise hypotension. *Clinical and Experimental Hypertension*, 18(7):891-900, 1996.

Casto, R.M., J.M. VanNess, and J.M. Overton. Effects of central leptin administration on blood pressure in normotensive rats. *Neuroscience Letters*, 246:29-32, 1998.

Jones, M.A., J.M. VanNess, R.M. Casto and J.M. Overton. Influence of food deprivation on sympathetic support of blood pressure in the spontaneously hypertensive rat. *Nutrition Research*, 18:1581-1594, 1998.

Overton, J.M., J.M. VanNess, and R.M. Casto. Food restriction reduces sympathetic support of blood pressure in spontaneously hypertensive rats. *Journal of Nutrition*, 127:655-660, 1997.

Overton, J.M., J.M. VanNess, and H.J. Takata. Cardiovascular effects of daily volitional exercise in Dahl-salt sensitive rats. *American Journal of Hypertension*, 11:73-80, 1998.

Town G.P., and J.M. VanNess. Metabolic responses to controlled frequency breathing in competitive swimmers. *Medicine and Science in Sports and Exercise*, 22(1):112-116, 1990.

Town G.P., and J.M. VanNess. Metabolic responses to controlled frequency breathing in competitive swimmers; Implications for hypoxic training. *Swimming Technique* June-July 1990.

Book Chapters:

Davenport, TE., S.R. Stevens and J.M. VanNess. Myaglic Encepahlomyelities/Chronic Fatigue Syndrome. *ACSM's guidelines for exercise testing and prescription*. Lippincott Williams & Wilkins (2024) Accepted and awaiting publication.

Snell, C.R., VanNess, J.M., Stevens, S.R., **Phippen, S.**, and Dempsey, W.L. (2003). Exercise Therapy. In *Handbook of Chronic Fatigue Syndrome*. L.A. Jason, P. Fennell, and R. Taylor (Eds). John Wiley & Sons, Inc. New York, pp. 561-579.

VanNess, J.M., Snell, C.R., Fredrickson, D.M., Strayer, D.R., and Stevens, S.R. (2001). Assessment of Functional Impairment by Cardiopulmonary Exercise Testing in Patients with Chronic Fatigue Syndrome. In R. Patarca-Montero (Ed.). *Innovations in Chronic Fatigue Syndrome Research and Clinical Practice*. (pp. 103-110). Haworth New York: Medical Press.

Snell, C.R., VanNess, J.M. and Stevens, S.R. (2001) Chronic Fatigue Syndrome, Ampligen, and Quality of Life: A Phenomenological Perspective. In R. Patarca-Montero (Ed.). *Innovations in Chronic Fatigue Syndrome Research and Clinical Practice*. (pp. 117-123). Haworth New York: Medical Press.

- Lee, D., Stevens, S., Davenport, T., Stevens, J., Dowell, T., & VanNess, M. (2024). Blood Flow To The Head Is Reduced In A Patient With Myalgic Encephalomyelitis With Confirmed Post-exertional Malaise: 2417. *Medicine & Science in Sports & Exercise*, *56*(10S), 881.
- Delgado, E. N., Bruneau Jr, M. L., Van Ness, J. M., & Jensen, C. D. (2024). Blood Pressure Responses To Serial Wingate Testing With And Without An Audience: 3268. *Medicine & Science in Sports & Exercise*, *56*(10S), 746-747.
- Cassandra, C. T., Wong, K., Oster, A., Jensen, C. D., Van Ness, J. M., & Cunha, J. M. (2024). Sleep, Caffeine, And Exercise: The Relationship Between Behavior And Cognition: 1832. *Medicine & Science in Sports & Exercise*, *56*(10S), 628.
- Steere, K. B., Collins, S. M., Stevens, S., Davenport, T. E., & VanNess, M. (2023). Heart Rate Variability During Serial Exercise Testing In Patients With Myalgic Encephalomyelitis: 415. *Medicine & Science in Sports & Exercise*, *55*(9S), 146.
- **Matian, N., Rich, D.**, VanNess, J. M., & Jensen, C. D. (2023). Exercise Behavior And Recreational Sport Participation Predict Academic Success And Graduation In University Students: 1756. *Medicine & Science in Sports & Exercise*, *55*(9S), 595-596.
- Roque, A., Do, T., Roijakkers, K. B., Molgaard, A., VanNess, J. M., & Jensen, C. D. (2023). Collegiate Field Hockey Players Experience Different Exercise Loads Between Practices And Matches: 1165. *Medicine & Science in Sports & Exercise*, *55*(9S), 374-375.
- Bannister, B.S., Jensen, M.R., Azevedo, A.S., Roque, A., Molgaard, A., Holmgren, N.J., VanNess, J.M. and Jensen, C.D., (2023). Anthropometric Differences Between Male Division-1 Collegiate Athletes And CrossFit Exercisers. *Medicine & Science in Sports & Exercise*
- **Ramos, F.**, Jensen, C. D., Stevens, S., Davenport, T., & VanNess, J. M. (2023). Patients With Myalgic Encephalomyelitis Have Blunted Exercise Ventilatory Responses In The Post-Exertional State: 423. *Medicine & Science in Sports & Exercise*, *55*(9S), 150.
- Jensen, M. R., **Trevino, J., Holmgren, N. J., Azevedo, A.**, Van Ness, J. M., & Jensen, C. D. (2023). Female Collegiate Athletes And CrossFit Exercisers Exhibit Muscular Differences During Body Composition Testing. *Medicine & Science in Sports & Exercise*
- Davenport, T. E., Stevens, S., Stevens, J., Snell, C, & Van Ness, J.M. (2023). The PEM/PESE Activity Questionnaire: A Novel Health-Related Quality of Life Measure of Post-Exertional Disablement. CP-15211 In *2022 Combined Sections Meeting (CSM)*. APTA.
- Davenport, T. E., Stevens, S., Van Ness, M., & Dowell, T. G. (2022, February). How to Care for People with Long COVID Through Phased Rehabilitation and Integrated Medical Management. In *2022 Combined Sections Meeting (CSM)*. APTA.
- Cameron A. Williams, Ryann L. Martinez, Nathaniel J. Holmgren, Toni Sampson, J. Mark VanNess, Courtney D. Jensen. (2022). Characteristics of Exercise Stress Differ Between Practice and Competition Settings in Collegiate Soccer. *Medicine & Science in Sports & Exercise*. DOI: 10.1249/01.mss.0000882008.35223.12.

- **Douglas T. White, Nathaniel J. Holmgren**, J. Mark VanNess, Margaret Ciccolella, Courtney D. Jensen. (2022). Anthropometric Characteristics of Relative Age Effects Among Division 1 Athletes. *Medicine & Science in Sports & Exercise*. DOI: 10.1249/01.mss.0000879684.97458.3d.
- **Vivian Truong, Nathaniel J. Holmgren, Sebastian T. DiGiampaolo, John Dickerson**, J. Mark VanNess, Courtney D. Jensen. (2022). Normative Values for Vertical Jump Kinematic Sequencing by Sex and Collegiate Sport. *Medicine & Science in Sports & Exercise*. DOI: 10.1249/01.mss.0000875316.56046.39.
- **Bradley, T.** T., Green, A. S., **Humphrey, G. K., Amo, A. E.**, VanNess, J. M., & Jensen, C. D. (2021). Fitness Testing Frequency Differs Between Sexes And Across Sports In A Division 1 Athletics Program: 45. Medicine & Science in Sports & Exercise, 53(8S), 15.
- **Acosta, Marie R., Cynthia Villalobos**, Patricia I. Jensen, Jessica L. Ruiz, Lewis E. Jacobson, Jonathan M. Saxe, J. Mark VanNess, and Courtney D. Jensen. "Fall Risk Analysis: Implications For Exercise Prescription Among Older Adults: 1184." *Medicine & Science in Sports & Exercise* 53, no. 8S (2021): 384-385.
- Intrieri, T. A., Ko, J., VanNess, J. M., Jacobson, L. E., Saxe, J. M., Cunha, J. M., & Jensen, C. D. (2021). Depression, Dementia And Psychiatric Disorders: The Heart Of The Problem: 283. *Medicine & Science in Sports & Exercise*, *53*(8S), 88-8
- **Howell, J. D., Holmgren**, N. J., Cressey, E. M., VanNess, J. M., O'Neil, J., Kraus, J., & Jensen, C. D. (2021). Exercise Selection And Fastball Velocity: Relationships In Collegiate Pitchers: 456. *Medicine & Science in Sports & Exercise*, *53*(8S), 147.
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VanNess, J.M., R.M. Casto, J.M. Overton. Food restriction lowers sympathetic support of blood pressure in aortic coarctation hypertension. *FASEB J.* 10(3):3660, 1996.

Baldini, F.D., J.M. VanNess, I. Faria, and B. Edwards. Lactate and metabolic responses to exercise in competitive wheelchair athletes. *Med. Sci. Sports Exerc.* (27)(5):471, 1995.

Baldini, F.D., A.G. Soule-Miller, J.M. VanNess, and R.A. Cooper. The relationship between performance variables and 10K race time in elite wheelchair athletes. *Med. Sci. Sports. Exerc.* 27(5):465,1995.

Takata, H.J., J.M. VanNess, and J.M. Overton. Central beta-2 adrenoceptor antagonism attenuates heart rate and glucose responses to exercise. *FASEB J.* 9(3):247, 1995.

Overton, J.M., J.M. VanNess, and H.J. Takata. Cardiovascular effects of daily volitional exercise in Dahl-salt sensitive rats. *Med. Sci. Sports Exerc.* 25(2):534,1995.

VanNess, J.M., H.J. Takata, and J.M. Overton. Acute exercise attenuates alpha-adrenoceptor responsiveness in Dahl-salt sensitive rats. *Med. Sci. Sports Exerc.* 25(2): 538, 1995.

Parker. D.L., I.E. Faria, E.W. Faria, and J.M. VanNess. Effect of cytochrome C supplementation on VO₂ peak, blood lactate, ventilatory anaerobic threshold, and exercise duration. Southwest ACSM oral presentation, Nov. 1994.

VanNess J.M., F. Baldini, I. Faria, B. Edwards. Lactate and metabolic responses to controlled frequency breathing during graded tethered swimming. Southwest ACSM oral presentation, Nov. 1992.

VanNess J.M., J. Avalos, C.A. Trampe, G.P. Town. Physiological responses to plyometric exercising on trained volley players. *Med. Sci. Sports Exerc.* 22(2):51, 1990.

VanNess J.M., G. Town. Controlled frequency breathing does not alter blood lactate in competitive swimmers. *Med. Sci. Sports Exerc.* 21(2): 104, 1989.

Hohm S.H., G.P. Town, and J.M. VanNess. Comparison of swim testing techniques to assess VO₂ max in trained swimmers. *Med. Sci. Sports Exerc.* 20(2): 81, 1988.

GRANT PROPOSALS:

Cornell ME/CFS Collaborative Research Center. Agency: NINDS, Project: 1U54NS105541-01. \$9.7 million over 5 years. My role is to serve as the coordinator for CPET methodology across all three testing sites and interprete outcome variables. September, 2017 to August, 2022.

Exploring Host Gene Expression during Post-Exertional Symptom Flare in ME/CFS. PI is David Patrick, MD, University of British Columbia. 1R21NS088166-01 – I served as a consultant, August 15, 2014 – **Funded**--\$196.179.

Post-Exertional Pathophysiology in CFIDS. CFIDS Association of America. April 2006, Funded--\$65,000.

Elastase Activity and Antiviral Abnormalities in Patients with Chronic Fatigue Syndrome. R. Harold Burton Foundation. August, 2005, **Funded** --\$5,000.

Using an Exercise Challenge to Investigate the Pathophysiology of CFIDS. CFIDS Association of America. April, 2004, **Funded**--\$80,000.

Serial Cardiopulmonary Exercise Testing to Elucidate Causes of Post-Exertional Malaise in Patients with CFS. R. Harold Burton Foundation. February, 2004, Requested \$20,000.

Exercise Therapy in CFS and the Problem of Post-Exertional Malaise. A collaborative effort of the Centers for Disease Control and Prevention, the CFIDS Association of America and the University of the Pacific. Awarded \$2,500 to develop educational materials and provided with travel expenses and honoraria to speak at conferences attended by health professionals. Awarded Feb. 24, 2004.

Cardiovascular, Immune, Sympathetic and Neurological Function in CFS. The CFIDS Association of America. September, 2002. Requested \$79,857.

Interactions Between Various Bodily Systems and FMS/CFS Symptomology. American Fibromyalgia Syndrome Association, Inc. October, 2002. Requested \$46,910.

Rehabilitation Strategies in Chronic Fatigue Syndrome. National Institute of Disability and Disease Rehabilitation. November, 2001. Requested \$401,020.

Rehabilitation Strategies in Chronic Fatigue Syndrome. U.S. Department of Education. November, 2001. Requested \$401,020.

Does Endurance Exercise Stimulate Basic Fibroblast Growth Factor to Provide a Cardioprotective Influence During Cardiac Hypertrophy? Eberhardt Summer Research Fellowship. **Funded**--\$3,500, 2000.

Angiotensin Modulates Sympathoadrenal Responsiveness. Department of Health and Human Services National Research Service Award. **Funded**--\$142,000, 1998.

Interaction of Angiotensin and GABA in Control of Sympathoadrenal Activation. University of Texas Health Science Center, Barbara Bowman Postdoctoral Fellowship. **Funded**--\$1,000, 1998.

The Influence of Dietary Interventions in Hypothalamic Control of Sympathoadrenal Activation. College of Human Sciences Dissertation Award Fellowship. **Funded**--\$500, 1997.

Anti-hypertensive mechansisms of negative energy balance (10% co-investigator). National Heart Lung and Blood Institute. **Funded**--\$152,049, 1997.

The Role of Exercise Training in the Control of Sympathoadrenal Activity in Hypertension. Florida State University Graduate Research Award. **Funded**--\$600, 1996.

Neuropeptide Y'ergic Mechanisms Alter Autonomic Control of Cardiovascular Function During Negative Energy Balance. American Heart Association, Graduate Student Research Fellowship. **Funded**--\$32,000, 1995-1997.

Interactive Modulation of Sympathoadrenal and Cardiovascular Regulation by Food Restriction and Aging. American Federation for Aging Research. **Seed funded**--\$1,750 with no renewal, 1994.

PROFESSIONAL AFFILIATIONS

American Physiological Society 1993-2006
American College of Sports Medicine 1988-present
International/American Association of Chronic Fatigue Syndrome 2001-present
Kappa Omicron Nu--O Pi Chapt 1996-present
Society for Neuroscience 1996-2004

PROFESSIONAL SERVICE

NIH Review Panel:

RPG review, Fall, 2016, 2017 and 2018

RPG review, Fall, 2013

RPG review, Fall, 2012

RPG review, Fall, 2011

RPG review, Fall, 2010

Chronic Fatigue Syndromes: ZRG1, CFS-M - IAR, Fall 2011

Editorial Board: Journal of Women's Health

Ad hoc reviewer

Journal of Translational Medicine, 2017, 2018-present

Journal of Women's Health, 2013, 2017, 2018-present

American Physiological Society, AJP Regulatory 1997-2006

Journal of Chronic Fatigue Syndrome 2004-2015

Journal of Applied Physiology 1994-1999, 2002

Medicine and Science in Sports and Exercise 1998, 2001-2002, 2004-2007

British Journal of Medicine, 2001

Clinical and Experimental Hypertension 1997-2000

Biomedical Central, Physiology 2004-2005

The Physiologist, 1999

Journal of Health Psychology, 2009-2011, 2013.