



**University of the Pacific Arthur A. Dugoni School of Dentistry**  
**126th Alumni Association Annual Meeting – 2025 Alumni Weekend**  
Including The 39th Frederick T. West Orthodontics Lectureship and  
The 2nd Alan H. Gluskin Endodontics Symposium



**Lauren Yasuda Rainey '11, DDS**

Friday, January 31, 2025

- 1.5 CE units

**Subject Area:** "Composites: Class II"

**Title:** "Facing Your Fears: How to Slay Class II Composites"

**Course Description:**

It's not you... it's your tools! There are so many class II matrix systems on the market with varying bands, assorted wedges and clamps that guarantee tight contacts. It's all an advertising mess, unless you know how to use them WITH your prep design. This course will dive deep into class II preparation design with the final restoration end in mind. Catching gunk at the gingival level? Chipped marginal ridges at recall visits? We'll tackle some of the common pitfalls of what should be a routine, bread-and-butter part of a general, restorative practice. This course is for you if you're looking to elevate your confidence in tackling your posterior restorations.

**Objectives:**

- 1) Re-evaluation of preparation design and encouraging participants to think beyond the box.
- 2) How to troubleshoot common post-op issues with class II composites.
- 3) Understand how your patient demographic may play a role in materials selection.
- 4) Dive into the use of warmed composite resin, matrices that aren't metal, and tips to deliver consistent results every time.

Friday, January 31, 2025

- 1.5 CE units

**Subject Area:** "Monolithic & Black Triangles"

**Title:** "Monolithic Composite in the Esthetic Zone: Yes, it Can Be Done!"

**Course Description:**

How many times have you bought a kit of 30+ shades of composite to restore those pesky anterior teeth to the perfect shade and then let half of it expire in the cabinet? The truth is, you don't necessarily need an entire shade-guide's worth of colors in your composite bin! This lecture gives you food for thought on how to minimize the armamentarium for esthetically pleasing composite outcomes for treating black triangle & diastema closures, and large lesions due to caries & trauma in the esthetic zone. We will discuss techniques to minimize stain accumulation at the margins and review the use of warmed composite resins to allow for ease of placement & decreased voids in your materials.

**Objectives:**

- 1) Learn the single-tooth injection molded composite technique, which can be applied to an entire arch form.
- 2) Review prep design and common pitfalls that lead to visible & stained margins.
- 3) Discuss the benefits of warmed monolithic composite to create an esthetically pleasing results.
- 4) Consider composite materials armamentarium, including polishing recommendations that allow your restorations to retain their luster over time.

**Short Bio:**

Dr. Lauren Yasuda Rainey is a general dentist and proud alumna of the Dugoni School of Dentistry. She speaks nationally and internationally about direct restorative techniques, isolation protocols and leveraging high quality clinical skills to build the ideal practice. She has served as faculty at the Dugoni School and is on the education team at Bioclear Matrix Systems. Dr. Rainey is part of the Speaker's Bureau at Catapult Education, an innovative group of dental educators and industry experts that provides high-quality dental continuing education. She is active on the Alumni Association Board, is a graduate of Glidewell's Guiding Leaders program for women in dentistry and is an advocate for women in leadership. Her practice interests include treating geriatric populations and the use of injection molded composites as a viable alternative to veneers and crowns.

<https://laurenrainey.com>