



**University of the Pacific Arthur A. Dugoni School of Dentistry**  
**126th Alumni Association Annual Meeting – 2025 Alumni Weekend**  
Including The 39th Frederick T. West Orthodontics Lectureship and  
The 2nd Alan H. Gluskin Endodontics Symposium



**Allison B. House, DMD**

Friday, January 31, 2025

– 0 CE units

**Subject Area:** Podcast

**Title:** "Life Moves Pretty Fast, If You Don't Stop and Interview Someone, You Could Miss It!"

**Course Description:**

Dr. Allison House, the co-host of The Authentic Dentist Podcast, is sitting down with eight Dugoni School of Dentistry graduates; diving deep into how they found the courage to step into their own vulnerability and rise to something greater.

**Objectives:**

- 1) The educational objective is to inspire and empower individuals by exploring the role of vulnerability, resilience, and courage in personal and professional growth. By sharing the journeys of eight UOP graduates, the podcast aims to encourage self-reflection, foster a growth mindset, and highlight the transformative power of embracing challenges in the pursuit of becoming more.

**Short Bio:**

Dr. Allison House is a general dentist in the Phoenix/ Arcadia area of Arizona. She currently owns and operates a solo private practice, House Dental. She graduated from Northern Arizona University with a bachelor's degree in mathematics and graduated with her Doctor of Dental Medicine from The University of Alabama School of Dentistry in 2000. Dr. House is highly active in organized dentistry. She served as the state treasurer for the Arizona Dental Association. She then became the youngest president ever of the Arizona Dental Association. She was honored as Mentor of the Year and then Dentist of the Year by the Arizona Dental Association. She serves as an Arizona delegate to House of Delegates of the American Dental Association. She just completed a four-year term as the ADA 14th District's representative on the prestigious ADA Council for Dental Practice. She chaired the subcommittee on practice which focused on the workforce. Dr. House speaks both for the ADA Success program at dental schools and around the country on the topic of ethics. She is a published author and wrote a chapter in the collaborative book, *Innovative Women in Healthcare*, where she shares her passion for dentistry as well as Olympic weightlifting. Dr. House and a partner, Shawn Zajas, have a podcast called *The Authentic Dentist*. Its mission is to give dentists room to acknowledge their struggles and grow into strong leaders. Dr. House is also active in several charitable organizations. She served on the board for the Arizona Dental Foundation and volunteers for the Arizona Mission of Mercy. She was previously active in girl scouts, rotary, and Olympic weightlifting. Dr. House is married and has two adult children.

<https://housedental.com>